

VISTAARA

FLAGSHIP TEACHER EMPOWERMENT PROGRAMME

The destiny of a nation is shaped in her classrooms. Teachers are the real nation builders. However, it is ironical that a considerable proportion of teachers have become teachers out of compulsion and not out of choice. While attractive campuses, buildings and other infrastructural and instructional facilities can attract admissions, the quality of educational experience of the students is largely determined by the quality of teachers which includes their subject mastery, instructional delivery, persona, character and conduct. It is imperative that managements provide adequate opportunities for the teachers to update and upskill to offer quality education. This is all the more important in the light of the alarming speed at which generation gap is manifesting, the increasing aspirations of the student community and the ever increasing expectations from the teachers. RILM mandates 5 hours of training per annum for every teacher on a list of specified themes. National Professional Standards for Teachers drafted by National Council for Teacher Education mandates that every teacher should undergo 50 hours of training per annum on pedagogic and supplementary skills. While managements and government departments organize some training initiatives to upskill the teachers, such initiatives suffer from lack of continuity, comprehensiveness and sustainability, besides the issues of access and affordability. In the light of these critical challenges we have designed VISTAARA which is a flagship training programme that aims continuous and comprehensive empowerment of teachers on a sustainable basis.

WHY VISTAARA

- There is a need to provide opportunity for Teachers for Life Long Learning.
- There is a need to offer Continuous, Comprehensive training in a systematic way, on a sustainable basis.
- Nationbuilding requires real and continuous empowerment, not tokenism!
- RILM mandates 5 hours of Training per annum for each Teacher.
- National Professional Standards for Teachers as drafted by NCTE mandates 50 hours of training per annum for each Teacher.
- Training initiatives by Government Department, managements and NGOs may not focus on all dimensions of Excellence.
- Private School Teachers rarely get access to quality training programmes.
- There is a need to develop Purpose, Pride, Passion, Professionalism and Productivity to promote EXCELLENCE among Teachers.

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OBJECTIVES:

- To organise periodic training programmes for teachers to advance their skills and knowledge on a continuous, comprehensive and sustainable basis.
- To provide world class training experience to school teachers.
- To prepare teachers to effectively face the professional challenges of changing times.
- To empower teachers to enhance the quality of their lives through mind-shift engineering.
- To empower the teachers to contribute to nation building through Social Engineering.
- To become India's largest learning platform for school teachers.

FEATURES:

- FOCUS ON AROUND EMPOWERMENT OF TEACHERS
- MULTI-SKILL BASED & ACTIVITY CENTRED
- EMPLOYS INTERDISCIPLINARY Approach & GUIDED-DISCOVERY
- 80:20 model of participation with a weighted focus on trainee participation
- Continuous, Comprehensive & Need based training
- Includes several Psychometric Assessments
- **25 Online Sessions on alternate weekends, 50 hours training in a Year**
- Covers all the critical training themes prescribed by RILM and NPST (NCTE) and goes beyond



OUTCOMES:



THEMES:

- **Personal Excellence:** 25 Themes
- **Inter-Personal Excellence:** 25 Themes
- **Professional Excellence:** 50 Themes
- **Advanced Skills:** 10 Themes
- **Psychology of Teaching & Learning:** 50 Themes
- **Teaching Skills:** 25 Themes
- **Education Policy and Implementation:** 10 Themes
- **Other Themes:** 25 Themes



Fee:

Rs 1000 per teacher per annum for 25 sessions of two hours duration each, amounting to 50 hours of quality training experience This amounts to Rs 20 per hour of highly impactful and life transforming experience.

Training Themes

Sl.No	Theme	Dimension
1	Decoding Human Behaviour	PERSONAL
2	Self Esteem for Teachers	PERSONAL
3	Happy Teachers for Happy Schooling	PERSONAL
4	Mindsets	PERSONAL
5	Personality Profiling	PERSONAL
6	Teachers as Leaders	INTERPERSONAL
7	7 Habits of Highly Effective Teachers	INTERPERSONAL
8	Ego Management through Transactional Analysis	INTERPERSONAL
9	Becoming an Empathetic Teacher	INTERPERSONAL
10	Conflict Management	INTERPERSONAL
11	Student Centricity	PROFESSIONAL
12	Learning Styles	PROFESSIONAL
13	Time Management	PROFESSIONAL
14	Stress Management	PROFESSIONAL
15	Art of Giving Feedback	PROFESSIONAL
16	Neuroscience of Learning	TEACHING
17	Individual Differences	TEACHING
18	Memory	TEACHING
19	Motivating Self & Students	TEACHING
20	Multiple Intelligence Theory	TEACHING
21	Professional Standards for School Teachers	POLICYMAKING
22	Multiple Roles of a Teacher	ADVANCED
23	Counselling Skills	ADVANCED
24	Is Teaching a Profession	ADVANCED
25	Story Telling	ADVANCED

