



Rotary Bangalore
BHAARATHA VISTAARA



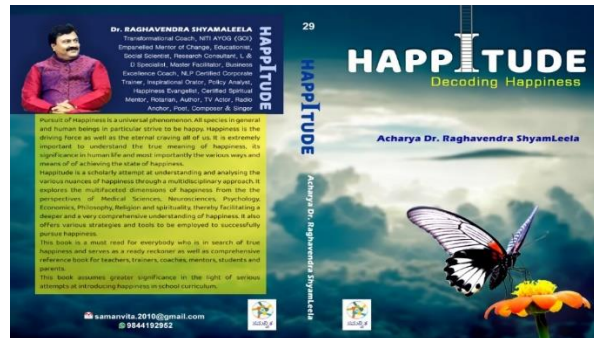
Rotary
India Literacy Mission



VISTAARA
FOUNDATION (®)

SCOPE:

- What is Happiness
- Why be Happy
- How to be Happy?- Systems Approach, Neuro Sciences, Medicine/Biology, Psychology, Philosophy, Economics, Western Religion, India Religions, Sanatana Dharma
- Finding Happiness in different Contexts- Self, Family, Workplace, Social Life, Wealth, Health, Relationships
- Dynamics of Happiness- Finding the Coordinates of happiness
- TEACHING HAPPINESS TO STUDENTS
- Programme could be offered both in Kannada & English.



PROFILE OF THE AUTHOR-TRAINER: Rtn. Dr. RAGHAVENDRA P.S.



Dr Raghavendra is an Educationist, NITI Ayog's Mentor of Change, L & D Specialist, Master Facilitator, Transformational Coach, Teacher Educator, Social Scientist, Research Consultant, Business Excellence Coach, Success Coach, Entrepreneurship Educator, NLP Certified International Corporate Trainer, Inspirational Orator, Policy Analyst, Happiness Alchemist, Spiritual Mentor, Counselor, Psychometrician, Film & TV Actor, Radio Anchor, Author, Poet, Composer & Singer.

Dr Raghavendra is the author of **Anandanweshanam** in Kannada and **Happitude** in English which are considered as highly extensive and most comprehensive works on human happiness. He has trained over 125000 people from various sectors, 30000 students and over 20000 teachers. He has delivered over 30 sessions on Decoding Happiness for diversified audience from various walks of life and has conducted many workshops on the Employee Happiness for corporates.

B-307, Brocade Vista, BEML Layout Stage-3, Rajarajeshwarinagar, Bengaluru – 560098

Contact: 8317406010 / 9880387531

rbhaarathavistaara@gmail.com

vistaara@gmail.com

www.vistaarafoundation.org